



Northwood Hospital

Travel Plan

Travel Plan Coordinator:

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Introduction



Sustainability is a core priority for modern healthcare organisations. As hospitals serve large numbers of staff, patients, visitors, and service vehicles every day, travel represents a significant opportunity to reduce environmental impact, support public health, and improve the overall experience of accessing care.



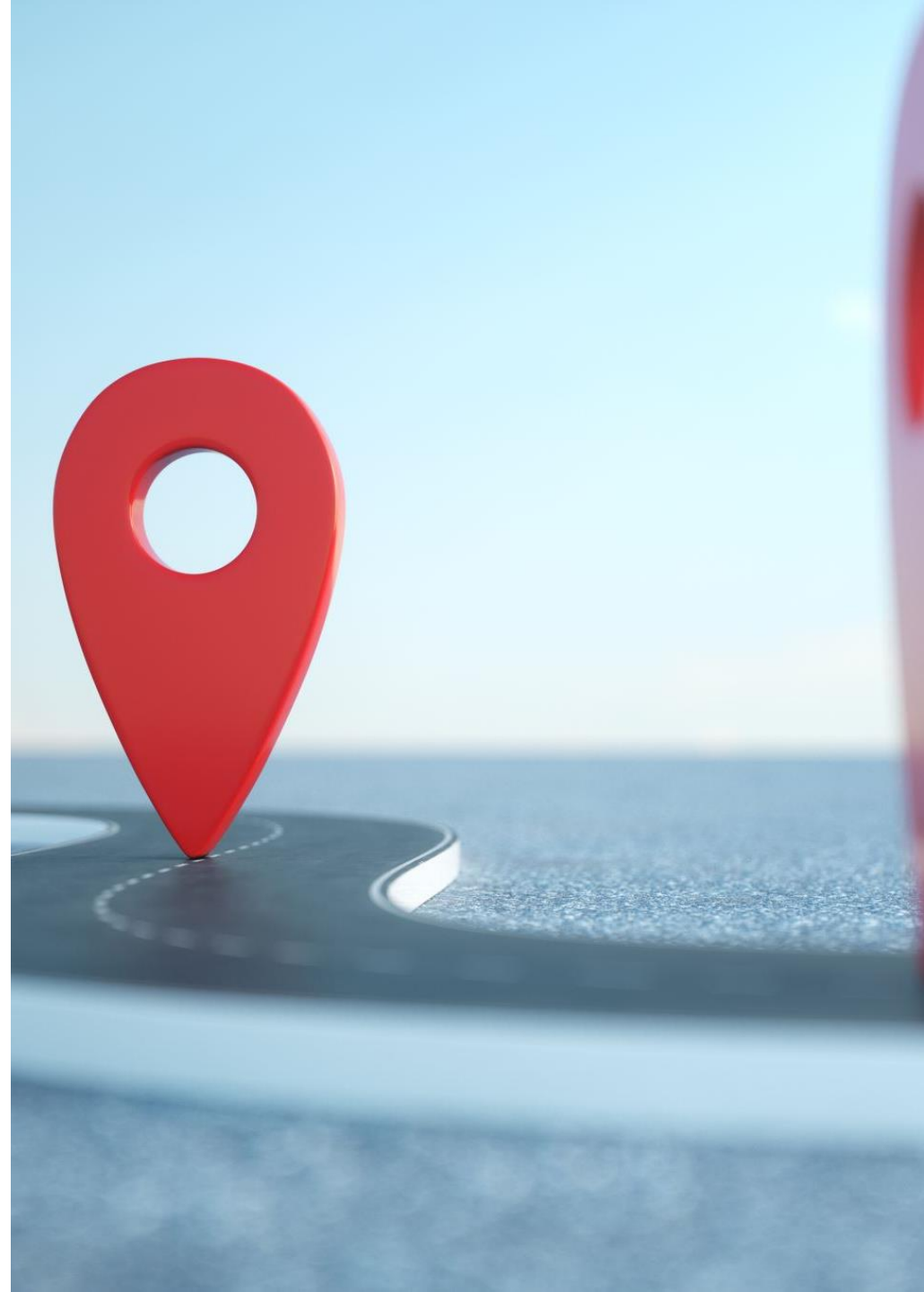
This Travel Plan aims to create a cleaner, greener, and more efficient travel environment by promoting sustainable transport choices and reducing reliance on single-occupancy car journeys. By improving access to public transport, enabling active travel such as walking and cycling, supporting the transition to low-emission vehicles, and managing parking effectively, the hospital can contribute directly to better air quality, lower carbon emissions, and a healthier community.



The sustainability goals of this Travel Plan support wider organisational commitments, including reducing the hospital's carbon footprint, enhancing wellbeing, and creating an accessible, future-ready site for all users. Through a combination of infrastructure improvements, behavioural change initiatives, and collaborative partnerships, the Travel Plan provides a pathway towards a more sustainable and resilient hospital transport system.

Planning your journey to work

- You can find a handy journey planner at [Travel Information - VisitBristol.co.uk](https://www.visitbristol.co.uk/travel-information), where you can plan your cycle, walk, bus or train journey to work.
- This website [Esso Carpooling](https://www.esso.co.uk/carpooling) provides details of car share schemes in your area.
- [Individual Support – WEST](https://www.westbus.co.uk/individual-support) this offers taster tickets at discounted rates, if people are considering travelling by public transport.
- Chat to your colleagues to discuss the opportunity of car sharing.





Walking or Running

Walking or running to work is a great option if you live locally.

There are websites available which can provide available routes

- [Enjoy the nicest routes in English | RouteYou](#)
- [UK footpaths, bridleways and byways online map | FootPathMap.co.uk](#)

Cycling



Cycle paths around Stoke Gifford and Bristol Parkway link well to Newbrick Road and the B4426.



Hospital has a covered bike stand for secure parking, which is CCTV monitored 24/7



Consider an electric bike if you're coming from outside the immediate area.



Showering and Changing Facilities

- Both Male and Female changing Facilities are located on the First Floor each containing one shower with towels provided and secure lockers to store personal items.



Driving and Parking

Bristol offers several car schemes to help residents and businesses manage their vehicle needs while adhering to environmental regulations.

Here are some of the key options available:

- [Co Wheels: A pay-as-you-go car rental scheme with a range of hybrid and electric vehicles available for hire in Bristol.](#)
- [Car Clubs: A pay-as-you-drive option for short-term car or van hire in Bath, Bristol, and South Gloucestershire, offering a convenient alternative to private car ownership.](#)

These schemes provide a range of options for those looking to reduce their carbon footprint while ensuring they have access to the vehicles they need.

For staff who are driving to work there is staff parking available to the rear of the Hospital

- There are 8 electric charging points (Charge Point) available which are available to use for a fee of 60p/kwh
- Parking for Motorcycles is available in normal parking bays